

Creamy Tomato and spinach Sauce

Ingredients:

- 1 tablespoon oil
- 1 clove garlic, peeled and crushed
- ½ teaspoon chili flakes
- 2 tins crushed tomatoes
- 2 teaspoons salt
- 2 teaspoons sugar
- 1 teaspoon pepper
- 1 teaspoon chopped herbs
- ¾ cup cream
- ½ cup grated parmesan cheese
- 1 cup spinach, chopped small

Method:

- Heat a medium sized pot with oil. Add the garlic and chili and cook for 30 seconds.
- Add crushed tomatoes, salt, pepper, sugar, herbs and cream. Cook for 10 minutes then stir in parmesan and spinach. Serve over pasta.