

Tomato Relish

Ingredients:

800gm tomatoes

1 brown onion

1 teaspoon salt

300gm sugar

1 teaspoon mustard powder

2 teaspoons curry powder

20gm plain flour (or g/f plain flour)

Method:

- Chop onions and tomatoes. Place into a pot.
- Add rest of ingredients.
- Cook on low for 40 minutes, stirring often. If tomatoes are not cooked enough yet (very mushy) cook for longer.