



9TH SEPTEMBER 2022

THE NEWSLETTER

The latest news and updates from Foster Primary School



NEWS FROM THE PRINCIPAL

by Scott Moorhouse

Kinder Update

It's been another busy month with the Kinder officially arriving onsite. A huge day where classes were relocated and torrential rain hammered the workers, buildings and equipment all day. Despite these awful conditions the job still got done which was great lesson for our students in resilience and a 'can do attitude'. Over the next weeks/days you will see the builders go to work on the exterior decking and ramps and the landscapers begin to develop the exterior of the site. It has also been great to see the pre-school students onsite coming down to watch the stages of the build as it happens.

Community Pancake BBQ

It was really great to see so many faces at the morning pancake breakfast. A special thanks to Jo Moloney for coordinating the event for our school. Also thank you Their Care and our Parents Club for being part of the morning. Students and the DET have told us that they're significantly less people doing after hours/weekend activities. Our school is happy to promote and partner with any community group who offer these services in a safe environment. This includes Lions, Rotary, Sports (Football, Netball, Badminton, Cricket, Basketball, Golf etc.), Arts (including Dance), Junior Fire Brigades, Friends of Stockyard Creek etc. etc. We promote an active and healthy life-style for everyone and would love to see students and parents get out and enjoy what our beautiful area has to offer. If you would like further information, please contact our office.

IMPORTANT DATES

September 2022

2nd Melbourne Writer's Festival
6th Community & Volunteers Breakfast
8th Footy Colours Day with Hot Lunch orders
9th Division Athletics
9th State Netball Finals
9th Gippsland PJ Day
14th & 15th Lion King Production
16th Last Day Term 3 - school finishes 2pm.

October 2022

3rd First Day Term 4
11th Regional Aths Newborough
14th Junior Athletics Carnival
31st Student Free Day

Our school is always in need of volunteers so if you can assist in anyway - from reading to weeding gardens any time is appreciated and welcome.

Thursday 8th September RUOK Day

Thursday marked the 13th edition of RUOK Day. This is a very important day to help all people support the mental health of each other. At Foster Primary School we understand that while children can't be expected to fix someone's problems, they can be encouraged to listen to what their friend is saying, show they care and tell a teacher, wellbeing person or trusted adult if they are worried about their friend. Likewise if children are worried about adults in their lives. If you are concerned about someone in your life please contact your local GP or

Kids Help Line - 1800 55 1800 (for kids and adults concerned about children)

Life Line - 13 11 14 (Crisis Support)

Beyond Blue - 1300 22 4636 (Support, Advice and Action)

And in extreme circumstances and where the need is immediate call 000.

Occupational Therapy Support At FPS

We are very excited to welcome Occupational Therapist Judy Stampton to our team in Term 4 and hopefully beyond. Judy is a former teacher who will be working with our teachers and children assisting them to better navigate the difficulties faced by individuals and assist us to make adjustments where necessary to best accommodate our learners. Judy will also work with individuals triaged by the school wellbeing team and with consent from parents. Judy will also be available for some private therapy, and we will let you know when that occurs. Judy is also running a Parent Assistance course at Manna Gum House beginning in Term 4. There is a small cost associated with this. Contact the school for more information.

NAPLAN

NAPLAN Results went home on Wednesday to the grade 3 and 5 students. As we have explained to the students NAPLAN is snapshot of one day of work some 4 months ago. It is not necessarily reflective of students overall of continuous skill set or achievement. We encourage you to talk with your child about the results and should you see fit, your child's teacher.

Camp - Waratah Bay

It was lovely to spend a whole day with the grade 3/4's at camp last week. I wont go into detail as I am aware that several students are writing a recount of the events. Thank-you to our staff for you organisation and commitment to providing great experiences for our students. Thank you also to our parent helpers Kris, Brett, Brad, Tiff, Simon and Brianna we could not have managed this without you!

End of Term Reminders

With a busy last week of term coming up with our school production, don't forget to order tickets online at trybooking.com. Last day of term is Friday 16th September with a 2.00pm finish. Enjoy the holidays and see you all back in Term 4.



November 2022

1st Melbourne Cup Day

2nd - 4th Coonawarra Camp

Grade 5/6

13th November Prep Learning

Together Program starts

17th Gr 2 sleepover

December 2022

2nd, 5th, 6th Gr P-2 Water Safety @ Toora Pool

12th - 14th Gr 3/4 Summit Camp

13th Statewide Transition Day

TBC Grade 6 Graduation

TBC Gr 3-6 Pool Party

TBC Gr P-2 Party

20th Last Day Term 4 - Student Free Day



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Kitchen Garden News

Our garden is in desperate need of a couple of new worm farms! If you would have an idle worm farm in your garden or would like to donate a couple of new worm farms for our school garden please contact the school! We will certainly put it to good use :)



With a little bit of sunshine and some warmth in the air the veggies in the garden are starting to move again (as are the weeds) Broccoli, parsley, peas, celery and greens have been harvested and cabbage and cauliflower aren't far away. A big thank you to Steph for pruning the fruit trees and to our volunteers who have been helping out. Spring is a wonderful time in the garden so if you feel like coming along, please do! Nat.

In the last few weeks the kids have been busy making lots of yummy things in the kitchen! A favourite amongst the 5/6's would have to be the Gnocchi we made!

Our 3/4's were busy making biscuits in our mini sessions last week.

As always, we would love to see some more parent helpers in our kitchen classes, please get in contact with your child's class room teacher if you would like to help out.

Thanks, Katrina



Parents & Friends Group Events

September

6th Community Breakfast
8th Footy Colours Day & Hot Lunch Day
17th KG Farmers Market Stall

October

15th KG Farmers Market Stall
28th Halloween Disco

November

19th KG Farmers Market Stall

December

17th KG Farmers Market Stall
Lunch order day - date TBC

Parents & Friends Group

We are still looking for a brownie-baker for our market stall to start next year - could this be you?? All ingredients for our very special sought-after brownie are donated by Foodworks Foster, secret recipe is supplied and all it takes is a whizz in the kitchen to create two trays of our beautiful brownie each month. This is a really important job for our market stall and it won't take up your weekend! Thank you to Elisa Nudelman for donating the sausages for the next market.



Everyone can learn to learn

Senior School News

MCG By: Macca

On Friday the 26th of August the grade 5s and 6s had to get up soooooo early ! To go all the way to Melbourne and visit the one and only MCG. We had to be at school by 7: 30 , and the teachers did the rolls and put us on the 2 different buses , then we made our way to the MCG. It took about 3 hours to get there . But it felt like forever .

Eventually we made it to Melbourne and ate our food . Soon enough a lady came out and told us that we can now start our tour of the MCG .Next we got into our groups and all had to put our bags onto a rack while we walked around. Then the groups separated, and went down to the MCG grounds.They were also giving us some cool facts about famous footy and cricket players.

We also went to the library and they showed a few famous paintings worth thousands to even millions of dollars .After that we did some more walking around and things . And then we met an Olympic player , Carrie Smith who competed in the sailing of 2016. She told us her amazing story about her journey . And really inspired all of us .

Then we received wristbands that we can use for the game room. Next we went to the game room and played some fun games. There were footy , basketball and surfing games etc . And we all had a blast . We then went to a cool area where it was telling us some history .

Then it was time to collect our bags and go back on the bus. The ride on the way home felt much quicker . And last but not least we got picked up by our parents and the day was over! Thank you to all the teachers , Brenda ,bus drivers and the MCG staff for making this day happen for all of the 5s and 6s ! And the biggest thanks to Mr Moorhouse who planned everything , but unfortunately he could not make it to the MCG.

Year 7 Transition Day- Red Group![1]

By Zephyr

On the 30th of August all of the wonderful Grade Six students of Foster Primary School spent the day as year 7's at Foster Secondary College , also known as the high school. The year Six's had a wonderful time and were split up into 2 groups one the red group which is were I was and two the Blue group!

On the Red groups schedule, we had Art first with Jacqui Dinsbergs then moved on hums ,short for Humanities ,and had Nicko who explained the topic well. After recess we had maths with Kyle and couldn't have had more fun, we played a few card games and then did a quick maths sheet! Soon after we meet Bec in the Music room to do Music. We didn't actually do Music but played some very fun games and then watched some year 9 and 8 students perform songs. After lunch we had Food with Trudy and made some delicious choc chip cookies and got to take them home and had the best day ever!

On behalf of the Grade Six students I would like to thank all of the teachers from the high school and the primary school for organising this day so that we could have lots of fun and be prepared for next year!

I love the way you've taken on the feedback to make your headings stand out more- this looks great! - Mrs Moldrich



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Middle School News

Grade 3 and 4 – Waratah Beach Camp

We had an amazing time at the Waratah Beach Camp! Thankyou to all of the teachers, ES staff, parents and everyone else who helped to make it happen! Here is some of the writing that students produced while reflecting on all the fun we had

When I went on the giant swing I was a bit nervous. When the people pulled me up to the top with a hose it was very, very, very high!When they let go it suddenly just felt like I was going to die. When it was slowing down Byron stopped me from going back and forth and repeating it.There was a ladder to get down.When I got down I felt proud for going to the very top. I wanted to do it again. I wish we could. – James Allsop

My favourite activity was the giant swing because you get to go very high and you can almost see the sea because you go so high. – Zac

I loved Waratah. I liked the Rec Room. I played pool a lot and it was fun! – Colt

I went surfing. I stood up on the board. – Dylan

At Waratah they served food for us first. Dinner was roast pork or lamb with vegies. For the second dinner we had lasagne. For breakfast we had toast one morning and pancakes the next. For lunch we had salad rolls once and sausages the other. – Madi N

The Flying Fish was one of the activities on camp. If you don't know what a Flying Fish is, it is a big swing. The Flying Fish was my second favourite activity. I went all the way to the top. People pull a rope that makes you go up to the top. When you don't want to go any higher you yell out STOP and then there is a count down and down you go! – Molly

The Rec Room has heaps of games.It has pool, a table soccer game, air hockey and table tennis. – Azariyah

I loved the Rec Room. I liked playing Fooseball with James, Cody and Frankie. – Levi

My favourite activity was the beach walk because I walked 6 kilometres. – Alex

My favourite activity was the giant swing because when you were up at the top and you went your tummy will get a big thump. It was exciting. I hated it at first but when it started it was fun. – Cody

My favourite activity was the crate stack because we got to build a tower and someone got to climb the tower. Everyone got a turn to climb the tower and it was so much fun. – Jaycee



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Junior School News

Wow! We have been having a lot of fun with the diverse range of activities whilst saying goodbye to Winter and a warm welcome to Spring.

To name a few: Basketball clinic, Gymnastics, Book Week Dress up, Community Breakfast, Footy Day, PJ Day and next week our much-anticipated Lion King Whole school production. We look forward to seeing our family and friends from the stage during the performances on Wednesday and Thursday.

Our P-2 students have recently enjoyed the opportunity to show case their creativity as writers whilst drafting their Narratives. This has followed the successful publication of their individual Information Reports.

We welcomed our furry friend and proud suppawter -Stocky Wilson who has enjoyed listening to us read and watching us further explore Place Value and its application in a range of mathematical concepts.

Have a happy and safe holiday break.

~ Andrea, Emma, Katie and Tim



Child Safe Standards

Foster Primary School has just undergone a review of all Child Safe Standards and in consultation with School Council, the staff, students and wider school community, these policies have been finalised and are now available on the school's webpage. You are welcome to contact the school at anytime should you wish to discuss these standards.

Parent Opinion Survey Due
if you received a link, please go
online and complete it today.

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Student & school wellbeing news

I am preparing for my daughter to move to Melbourne next year for Uni. A couple of weeks ago we went to one of the open days to check out courses and accommodation. As we were shown through the residential buildings I started getting excited for her; seeing the communal kitchens, games room, lounges, even the communal laundry. Right up until we saw the bedrooms I was doing fine.

The rooms were made up of a king single bed, a small round table with 2 chairs in the corner and a desk. All I could imagine was her spending her first night alone there and I felt overwhelming separation sadness. So I quickly pictured me sleeping on the floor next to her, lets face it, it may happen if I get my way!

I remember my children finishing kinder and feeling so sad. On the one hand excited about the next stage, on the other I just loved the involvement I had at kinder and was going to miss it so much. I didn't want to leave the building on their last day; my kids happy to get moving and get in the car, me, loitering in the kinder building not wanting to go home.

Then primary school transitions to secondary school. Of course, your involvement becomes a little less in primary school. Early years helping with readers in the classroom, later years maybe a school camp or helping with groups at athletics.

It dawns on me that maybe these transitions are really about helping the parents to let go as much as much as it is about preparing our kids for the next stage, eventually leaving to move to university or something similar.

I am watching excited little kids walk through our corridors from the kinder at the moment and watching bigger kids walk the street up to the high school for transition days. The majority of them are super ready...you can tell. The bigger ones are beginning to look a bit to cool for school (I say that in a good way), primary school is almost behind them and they are ready for the next step. The little ones, although excited also look a little nervous. Lets face it, this place is a whole lot bigger than where they were.

I think what this may offer us is the opportunity to explore if it is actually us who are ready for them to move on. If we have all done our jobs well, then they are good to go, even if we are all a little nervous. That's just normal. If you have any concerns whatsoever about your child moving on to the next stage of their education, chat to their teacher or to wellbeing. We are hear for you 😊

As for me, I hope my daughter brings her dirty washing home every weekend for a little while and allows me to feel needed for a bit longer.



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