

Fresh Garden Salad

Workstation:2

Equipment

Chopping boards
Non slip mats
Knives
Measuring cups
Juicer
Large bowl
Small bowl
Whisk

Ingredients

4 cups of mixed salad leaves
2 cups of mixed small leaves and herbs
2 cucumbers thinly sliced
2 oranges
 $\frac{3}{4}$ cups of olive oil
3 garlic cloves, minced
2 grinds of salt
2 grinds of pepper

Method

1. **Wash** all fresh produce
2. **Tear** all salad leaves, small leaves and herbs into a large bowl
3. **Thinly** slice cucumbers and add to large bowl
4. **Juice** oranges
5. **Mince** garlic
6. **Combine** orange, garlic, olive oil, salt and pepper in a small bowl and whisk
7. **Add** dressing into large bowl
8. **Mix** through
9. **Chill** until ready to serve